



# OTTAWA ORTHOPAEDICS QUARTERLY

Let us *Move You!*  
Notre vie n'est que *mouvement!*

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**“Imagine all the people  
living life in peace. You  
may say that I'm a  
dreamer, but I'm not the  
only one. I hope someday  
you'll join us and the  
world will be as one.”**

**~John Lennon**



Steven R. Papp MD MSc FRCSC  
Head, Division of Orthopaedic Surgery  
University of Ottawa

In this edition of the newsletter, you will find many divisional accomplishments over the past three months. Our physicians have been busy with a ramped up OR providing long awaited care. I have received many patient acknowledgements and these notes always recognize how professional and compassionate their surgeon, resident and care team were to them after waiting so long to finally get their long-awaited surgery. Congratulations to our leaders, **Dr. Joel Werier, Dr. Paul Beaulé, Gino Picciano and Jackie Mace** in leading the successful public/private partnership (Academic Orthopaedics Surgical Associates of Ottawa) along with many of our division members, to deliver even more surgical care where The Ottawa Hospital had maxed out.

Aside from the clinical work, our research group is exceptional. The 2<sup>nd</sup> annual MSK research symposium was a huge success! Congratulations to all winners: **Nasteho Abdoukader, Shahin Basiratzadeh and Jordan Nhan** along with all other presenters and supervisors. I look forward to the future including the functional KUKA arm coming soon!

Congratulations to **Dr. J Pollock** on his well-deserved promotion to Associate Professor. I know how passionate J is about the academic mission and this promotion represents all of his hard work. I have also asked him to take on the role of **Director of Education**. Thankyou to **Dr. Wade Gofton** for 10 years in this role! Wade brought expertise in education and his experience at the Royal College to our division. His passion for education and assessment will remain permanently engrained in our division. We will still of course lean on him for his experience.

You will note many other accomplishments in today's newsletter. As we enter the holiday season, I want to offer my sincerest wishes of peace to you and your loved ones. I hope you will join us tonight for our divisional holiday celebration at the Rabbit Hole. Stay safe, enjoy your family and friends and have some fun over the holidays.

## IN THIS ISSUE:

**DIVISION NEWS**  
PAGE 2

**FACULTY NEWS**  
PAGE 9

**VISITING  
PROFESSORS**  
PAGE 12

**CQI CORNER**  
PAGE 15

**PUBLICATIONS**  
PAGE 16

**CLINICAL NEWS**  
Page 19

**RESIDENTS NEWS**  
PAGE 20

**FELLOWS'  
CORNER**  
PAGE 21

**ALUMNI NEWS**  
PAGE 23

## The inauguration of the Gordon Armstrong Combined Spine Program at The Ottawa Hospital's Civic Campus was held on December 5, 2023.



*Dr. Gordon Armstrong*

Dr. Douglas Armstrong, MaryJane Armstrong, Beth Armstrong Park, children of the late Dr. Gordon Armstrong, along with Claire Ludwig, Executive Director, Clinical Operations, Susan Saulnier, Director of Inpatient Surgery and surgeons from The Ottawa Hospital, Children's Hospital of Eastern Ontario (CHEO) and the University of Ottawa Orthopaedic Surgery and Neurosurgery Programs, inaugurated the Gordon Armstrong Combined Spine Program at The Ottawa Hospital's Civic Campus.

In 1954, Dr. Armstrong began his surgical practice in Ottawa and became internationally recognized for his skills as a surgeon, teacher, mentor, and innovator in the development of modern spine surgery. Among his many accomplishments, Dr. Armstrong served as the Chief of the Division of Orthopaedic Surgery at The Ottawa Hospital from 1975 to 1987.



*From left to right: Dr. Donald Chow, Dr. Paul Beaulé, Dr. Douglas Armstrong, Dr. Steven Papp, Dr. Adam Sachs, Dr. Stephen Kingwell, Dr. Philippe Phan*



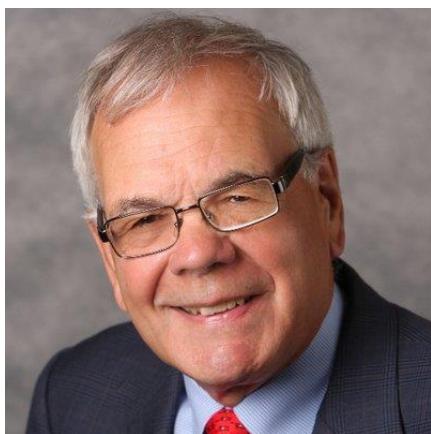
**" The Ottawa Hospital and University of Ottawa's Combined Spine Program named after Dr. Gordon Armstrong"**

Dr. Armstrong's surgical skills were legendary at a time when spine surgery was very high-risk and his impact on the field still resonates with surgeons at The Ottawa Hospital and the University of Ottawa. In collaboration with the National Research Council of Canada (NRC), Dr. Armstrong developed many revolutionary devices and techniques.

Dr. Armstrong treated patients with dignity and respect while simultaneously raising the profile of Canada as a leader in spinal research. He established an international Spinal Surgery Fellowship Program in Ottawa and trained many future international leaders in spinal surgery.

Dr. Armstrong was awarded the Order of Canada in 2001 for improving the quality of life of people with spinal injuries.

## Dr. Christopher Carruthers Leadership Scholarship



*Dr. Christopher Carruthers*

The need for physician leaders in medicine, particularly surgical leaders, is even more important today with the changes in health care and its delivery in Canada.

Leadership interest by young surgeons can be encouraged by a resident surgeon being exposed to knowledge of the system and its challenges.

This scholarship will sponsor a PGY 2-5 resident to attend the Annual Canadian Society of Physician Leaders. The resident will have the opportunity to develop their own leadership skills by attending workshops at the annual meeting.

## New Canadian design virtual reality system: A medical game changer

The system allows surgeons to "walk" within a patient's body as they plan out complex surgeries. CTV News interview with Drs. Joel Werier and Kawan Rakhra can be found at the link below.

<https://www.ctvnews.ca/health/we-re-inside-the-patient-looking-directly-at-the-tumour-gaming-experience-aids-surgery-1.6679303>

## The 2<sup>nd</sup> Annual Musculoskeletal Research Symposium was held on October 13, 2023 at the Museum of Nature

With an increase in participation from last year's event, a total of 24 scientific papers were presented with representation across Ottawa (OHRI, TOH, CHEO, Carleton University and the University of Ottawa). Papers presented were from a variety of disciplines (Physics, Health Sciences, Medicine, and Engineering). The guest speaker, Cari Whyne, PhD, FIOR from the Sunnybrook Research Institute, gave a talk on "*New Paradigms in Fracture Healing*". The variety of research presented made for a productive day of discussion and connection among the attendees.



Mario Lamontagne PhD, Guest Speaker Cari Whyne PhD, FIOR, Dr. Paul Beaulé MD, FRCSC

(Painting by alumnus, Dr. Donald Johnson)

Prizes were given for the best abstracts.

**First place:** "*The potential role of matrix metalloproteinases in the release of interleukin-1 $\beta$  by macrophages exposed to metal implant wear particles*"

**Nasteho Abdoukader**

**Supervisor: Dr. Isabelle Catelas**

**Second place:** "*Towards Patient-Centered Care: Data-Driven Categorization of Traumatic Spinal Cord Injury Patients Using Cluster Analysis*".

**Shahin Basiratzadeh**

**Supervisor: Dr. Philippe Phan**

**Third place:** "*Characterization of Polyphosphate-Based Particles for Drug Delivery into Articular Cartilage*"

**Jordan Nhan**

**Supervisor: Dr. Jean-Philippe St-Pierre**

We look forward to another successful event next October!

## The 14<sup>th</sup> Symposium on Joint Preserving and Minimally Invasive Surgery of the Hip was held from June 8-10, 2023 at the Ottawa Marriott

The symposium was a great success with more than 80 participants including physiotherapists, residents and physicians from Canada, USA, Europe and Australia.



## The 3rd Annual Michael Cochran Softball Memorial Cup was held on September 7, 2023 at the Brewer Park

The residents' "**Hadden's Hitters**" came away with the 3-peat, though it came down to the wire in the bottom of the 7th inning! In the end, the final score was residents 15 and staff 14.

Congratulations to **Dr. J Pollock** for winning the "Helping Hand" award and to **Dr. Eric Locke** for the "I have your back" award. Very well deserved!



## Orthopaedics Nursing Education Day held on October 30, 2023 at the Ottawa Biomechanics Lab

Our lab is the first biomechanics lab in Canada to use a KUKA arm of this scale for in vitro testing.



## Retirement of Connie Moore

**“Connie Moore** retired from the Division of Orthopaedic Surgery on Friday, August 25, 2023. A celebration and recognition of her service was held on Wednesday, August 23, 2023 at the General campus. I want to thank all of the administrative assistants and research personnel who were able to join us as well as a special thank you to **Katie Mcilquham** for her significant initiative in organizing the lunchtime party.

My patients and I were the beneficiary of Connie's compassionate and effective management for just over 23 years. Those included 11 years during my time as Division Head where she incorporated considerable administrative duties as well. Her work was exemplary and she was a wonderful ally and support system for patients throughout the years. She was also counted upon by Department HR to help with aspects of training and informal consulting on policy changes for which her input was invaluable. She is moving on to some part-time work but also ramping up grandparenting duties, while refining pickleball and golf skills. We will not miss her entirely as she is going to help with some billing for the foreseeable future. Please join me in wishing her all the best going forward.”

Dr. Geoffrey Dervin



## Staff Highlights and New Recruits

The Hawkesbury and District General Hospital (HGH) would like to highlight the expansion of non-operative musculoskeletal care through the Sports Medicine Program led by **Dr. Alexandra Bwenge**. Dr. Bwenge holds a dual appointment both in the Department of Emergency Medicine and Sports Medicine at HGH. Recently, she has also been appointed a role as an educator for medical trainees. Dr. Bwenge specializes in non-operative musculoskeletal care and has a special interest in image-guided therapeutic injections.

We would also like to welcome **Dr. Alenko Šakanović** to the Division of Orthopaedic Surgery. Dr. Šakanović completed his fellowship training at the University of Ottawa specializing in surgery of the hand and wrist. He also holds an active position with the Canadian Armed Forces and will help compliment the practice of Dr. Christopher Kennedy.

## Academic Orthopaedic Surgical Associates of Ottawa (AOAO) at HGH

Having partnered with The Academic Orthopaedic Surgical Associates of Ottawa (AOAO), HGH completed a highly successful hip and knee replacement “blitz” over a period of two days during scheduled OR closures. **Dr. Paul Beaulé**, Chief of Staff, HGH, and **Dr. Simon Garceau**, Head of Orthopaedic Surgery, Reconstructive Surgery and Dentistry, HGH, successfully completed 21 surgical day care total hip and knee replacements. This highly successful initiative was the result of a true regional collaborative with **Dr. Colin Sentongo**, Chief of Staff, Kemptville District Hospital, who helped provide anesthesia over two days of surgery.



*Dr. Paul Beaulé and Dr. Colin Sentongo*

## Introducing our new faculty member



### **Dr. Bogdan Matache MD, CM, FRCSC**

Dr. Bogdan A. Matache is an orthopaedic surgeon and assistant professor at the University of Ottawa specializing in complex knee reconstruction, hip and shoulder arthroscopy. He completed his primary medical degree at McGill University and his orthopaedic surgery residency at the University of Ottawa. His fellowship training included an upper extremity fellowship at the Roth|McFarlane Hand & Upper Limb Centre followed by a fellowship in sports medicine at New York University Hospital Langone Health. Dr. Matache then practiced for nearly 3 years at the CHU de Québec-Université Laval and was Team Physician for the 2022-2023 Memorial Cup champions the Quebec Remparts. He has obtained his Diploma in Sport and Exercise Medicine from CASEM.

Dr. Matache's clinical practice focuses on complex soft tissue reconstruction and joint preservation surgery of the knee, hip and shoulder. He is Team Physician for the PWHL Ottawa and Gatineau Olympiques hockey teams. Dr. Matache's research focus is on the effect of knee alignment on cartilage wear, biomechanics of the knee, as well as clinical outcomes in sports medicine procedures of the hip and shoulder.

Dr. Matache holds active committee leadership roles with AANA and AAC, is an active reviewer for AJSM, Arthroscopy, and KSSTA, and has been an invited lecturer both nationally and internationally.

In his spare time, Dr. Matache enjoys playing hockey and tennis, cycling, and going on bikepacking excursions with his wife.

## Canadian Orthopaedic Foundation Research Award Recipient

Our congratulations to **Dr. Hesham Abdelbary** for being awarded the **Robert B. Salter Award**, recognizing excellence in basic science research:

*"Investigating the feasibility of utilizing bacteriophages as a novel diagnostic platform for the rapid detection of slow growing organisms causing peri-prosthetic joint infections".*





**Dr. Paul Beaulé** was featured in a Q&A from The Ottawa Hospital Foundation about his journey to becoming a top orthopaedic researcher. He was also interviewed in a patient story about a hip replacement he did for a young woman with juvenile rheumatoid arthritis.

Full interviews at the links below:

<https://ohfoundation.ca/qa/from-naval-officer-to-award-winning-researcher-meet-orthopaedic-surgeon-dr-paul-e-beaule/>

[https://ohfoundation.ca/be-inspired/rock-radio-announcer-calls-orthopaedic-surgeons-at-the-ottawa-hospital-the-true-rock-stars/?utm\\_source=twitter&utm\\_medium=social-organic&utm\\_campaign=amy-volume&utm\\_content=headline](https://ohfoundation.ca/be-inspired/rock-radio-announcer-calls-orthopaedic-surgeons-at-the-ottawa-hospital-the-true-rock-stars/?utm_source=twitter&utm_medium=social-organic&utm_campaign=amy-volume&utm_content=headline)

## TOHAMO Quality & Patient Safety Grant 2023

Our congratulations to **Dr. George Grammatopoulos** for being awarded a grant of \$19,600 for his project entitled “*Patient-oriented consensus to define top 10 research priorities in Total Hip Arthroplasty – The PACT Initiative*”



## Our congratulations to the following faculty members on their promotion/appointment

### ***Dr. Paul Beaulé MD, FRCSC***



***Dr. Beaulé*** became an ISHA member in 2015 and took over the Presidency of ISHA on October 7, 2023 at the ISHA 2023 Annual Scientific Meeting in Cape Town from ***Dr. Rodrigo Mardones***, Chile, having previously held the roles of Vice President and president Elect.

ISHA – The Hip Preservation Society is an international charitable membership organisation which is focused on hip preservation surgery to enhance patient care and outcomes, through delivery of training, education, support of research, sharing of knowledge and best practice, fostering global collaboration and provision of patient and professional information to improve hip care.

Formed in Paris in 2008, the Society continues to grow steadily, bringing together orthopaedic surgeons, early career residents/fellows and trainees, sports injury, rehab and physiotherapists from across the globe who all have a shared interest in hip preservation. Currently, ISHA has over 760 active members, including 22 Canadian members.

***Dr. Beaulé*** also looks forward to being the local host Chair for the ISHA Annual Scientific meeting when Ottawa will be the host city in October 2027.



### ***Dr. J Pollock MD, MSc, FRCSC***

Congratulations to Dr. Pollock on his promotion to Associate Professor.

Dr. Pollock is also taking on the role of Director of Education for the division.



**Garth E. Johnson Trauma Visiting Professor  
Dr. Anna Miller, Washington University in St. Louis  
September 14, 2023**



*First row from left to right: Dr. Geoffrey Wilkin, Visiting Professor Dr. Anna Miller, Dr. Allan Liew, Dr. Steven Papp, Dr. Karl-André Lalonde*

**James P. McAuley Adult Reconstruction Visiting Professor  
Dr. Michael Dunbar, Dalhousie University  
October 25, 2023**



*First row from left to right: Dr. Abdulhamid Al Yousef, Dr. Ebrahim Alawadhi, Dr. Nagi Mikhail, Dr. Naama Nofech Mozes, Dr. Zoe Mack, Visiting Professor Dr. Michael Dunbar, Dr. Marie-Claude Magnan, Dr. Stephanie Antoniadis, Dr. Pamela Pulido, Dr. Paul Kim, Dr. Geoffrey Dervin*

**Donald D. Johnson Sports Medicine Visiting Professor  
Dr. Peter MacDonald, University of Manitoba  
November 2, 2023**



From left to right: Dr. Geoffrey Dervin, Dr. Brendan Swift, Dr. Michael Pickell, Dr. Andrew McGuire, Dr. Peter Lapner, Dr. Christina Bassi, Dr. Emmitt Hayes, Dr. Pamela Pulido, Visiting Professor Dr. Peter MacDonald, Dr. Donald Johnson, Dr. Allan Liew, Dr. J Pollock, Dr. Julien Caron, Dr. Kellen Walsh



Dr. Donald Johnson and Visiting Professor Dr. Peter MacDonald

**Research in Progress Day Visiting Professor  
Dr. Prism Schneider, University of Calgary  
November 23, 2023**



First row from left to right: Dr. Bradley Meulenkamp, Visiting Professor Dr. Prism Schneider, Dr. Marie-Claude Magnan, Dr. Zoe Mack, Dr. Alexandra Stratton



## **Hip Fracture Care**

We continue working towards improving our wait time to surgery for hip fracture patients as this is closely linked to mortality and complications. National guidelines state that hip fracture surgery should be performed within 48 hours from the time of admission<sup>1,2</sup>. In 2022, The Ottawa Hospital ranked 11/11 (last place) in Canada for this metric.

**The Pilot:** A 3-month pilot project was initiated on May 3, 2023 to convert all hip fracture cases to D priority the morning following admission in an effort to achieve the National standard of 90% compliance in getting patients into the OR within < 48 hours from time of admission.

**The Results:** After three months, we achieved our goal, and improved our overall compliance from 75% to 91% across both campuses. There

were 221 cases in total. Of those that did not access the OR within 48 hours, 60% were due to inability to access (i.e., competing services/cases), 20% were due to medical comorbidities, 15% were due to transfers from the Civic campus to the General campus and 5% were due to an incomplete timely work-up. Our overall average time from admission to surgery was 27.8 hours.

**Pilot Expansion:** We will continue to convert hip fracture cases to D priority the morning following admission up until April 3, 2024 to assess whether seasonal variance influences our compliance.

## **Surgeon Scorecards**

Surgeon specific scorecards including key quality metrics of performance have been developed as a tool to provide surgeons with individual feedback. These scorecards include (1) unplanned emergency department visits within 7 days postoperative, (2) 30- and 90-day readmission rates, (3) deep infection rates, and (4) revision rates.

Scorecards have already been provided to the Adult Reconstruction group and we are in the process of rolling this out across all Clinical Practice Units (CPUs).

### **Target date per CPU:**

- Foot and Ankle:       October 2023
- Knee (Sports):       November 2023
- Oncology:             December 2023
- Shoulder and Elbow: October 2023
- Spine:                 September 2023

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## Civic Campus

### Recipient of the Sue Robblee Clinical Practice Award



Our congratulations to **Rudy Valentino** for being awarded the Sue Robblee Clinical Practice Award.

This award is in recognition of a nurse's commitment to patient and family-centered care and for making a significant contribution to clinical practice.

The letter used to nominate Rudy was written by our own **Dr. Taylor Woolnough**, Chief Resident.

The award is a culmination of a long and rewarding career to send Rudy off into retirement.



### A warm welcome to Diana Berardi PT, MSc (PT), new Clinical Manager, Ontario Workers Network (OWN)



Diana is a registered Physiotherapist and completed her Professional Master's of Physiotherapy program at McGill University in Montreal. Since graduation, she worked as a physiotherapist in various outpatient orthopaedic private settings in both Montreal and Ottawa.

In the hopes of pursuing her interest in cancer and lymphedema care, Diana worked at Lifemark where she completed her LANA (Lymphology Association of North America) certification and began the Cancer Care program. In pursuit of her career advancement and interest in management, she eventually became Clinic Director at Lifemark while also diving into the role of external assessor with The Ottawa Hospital OWN Musculoskeletal Specialty Program. Enjoying her role as an OWN assessor, Diana moved on to become the team lead for CBI's group of OWN assessors as well as Clinic Manager at their St Laurent site. This road led her to her

current position at The Ottawa Hospital OWN Workers Network as Clinical Manager.

Diana is a devoted mom who loves to stay active with her children. The gym, outdoor hikes/runs and recreational soccer are her "go to's" to keep healthy and clear minded. She also enjoys watching sports especially the NHL, remaining a devoted Montreal Canadiens fan (sorry Ottawa!).



## Our PGY-1 residents have started the academic year off strong!

The residents received their labcoats at the Chairman's address held during the Orthopaedic Surgery Grand Rounds on September 6, 2023.



*From left to right: Dr. Steven Papp, Division Head, Dr. Ebrahim Alawadhi, Dr. Nagi Mikhail, Dr. Emily Elder, Dr. Naama Nofech Mozes, Dr. Rashed Alhamidan, Dr. Karl-André Lalonde, Residency Program Director*

*Absent: Dr. Matthew Macciachera, Dr. Zoe Mack*

**Graduation dinner for the 2022-2023 Adult Reconstruction fellows was held on July 14, 2023 at Dr. Beaulé's residence**



*First row from left to right: Dr. Jennifer Hunter, Dr. Paul Gauthier,  
Dr. Tom Schmidt-Bräkling, Dr. Michael Nitikman  
Second row from left to right: Dr. George Grammatopoulos, Dr. Paul Beaulé,  
Dr. Paul Kim, Dr. Wade Gofton*

## Introducing our 2023-2024 fellows...



### ***Dr. Andrew McGuire MD, FRCSC Comprehensive Knee Fellow***

Dr. McGuire is passionate about sports medicine and knee preservation and is currently completing the Comprehensive Knee Fellowship at the University of Ottawa. He recently completed the UniSports General Sports Medicine Fellowship in Auckland, New Zealand.

Additionally, he is completing his Master's in Health Sciences Education at McMaster University, hoping to incorporate simulation and technology into postgraduate medical education.

### ***Dr. Alberto Telias MD, Adult Reconstruction/PJI Fellow***

Dr. Alberto Telias is an international fellow hailing from Santiago, Chile. He completed his medical and orthopedic surgery degrees at Universidad de los Andes and received further training at the Hospital del Trabajador ACHS, where he specialized in hip surgery, acetabular, and pelvic trauma.

Currently, Dr. Telias is a member of the hip and pelvis team at the Hospital del Trabajador ACHS and an Assistant Professor of Orthopaedic Surgery at the Universidad de los Andes. He has embarked on a fellowship in Arthroplasty and Periprosthetic Joint Infection at the University of Ottawa.

During his free time, Dr. Telias enjoys playing tennis and soccer and wishes to explore the country with his family.



### ***Dr. Kellen Walsh MD, FRCSC, Upper Extremity Fellow***

Dr. Walsh was born and raised in Ottawa, Ontario. He moved to Guelph, Ontario to pursue undergraduate degrees in Management Economics and Biological Sciences. He attended Queen's University for Medical School, where he met his wife Elina. He then matched to the University of British Columbia and completed his Orthopaedic Surgery residency in Vancouver.

Dr. Walsh is excited to have returned home to Ottawa for a fellowship in Upper Extremity Surgery with Drs. Lapner and Pollock. Following completion of his fellowship in Ottawa, he will be heading to Winnipeg, Manitoba for a fellowship in Sports and Upper Extremity at the Pan Am Clinic.

In his free time, Dr. Walsh enjoys playing hockey, golf and spending time with his wife and 7-month-old daughter.



## Featuring Dr. Travis Marion MD, MSc, BEd, FRCSC



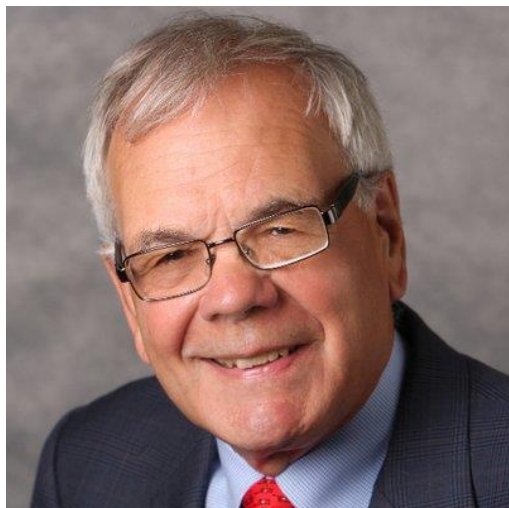
**Dr. Travis Marion** is an orthopaedic surgeon who has been practicing at Thunder Bay Health Sciences Centre and regional centres since 2017. He is an Assistant Professor in the Division of Clinical Sciences at NOSM University, Spine Surgery Medical Lead at the TBRHSC, and the current Orthopaedic Program Director.

Originally from Thunder Bay, Dr. Marion completed his Doctor of Medicine (class of 2010) and Orthopaedic Residency (class of 2015) at the University of Ottawa before pursuing fellowship training in Combined Complex Spine Surgery and Orthopaedic Trauma Surgery at the Universities of British Columbia and Calgary respectively. He is an active member in multiple medical societies including the Canadian Orthopaedic Association (COA), Canadian Spine Society (CSS), Canadian Orthopaedic Trauma Society (COTS), and the Orthopaedic Trauma Society (OTA).

In addition to a busy clinical practice throughout Northwestern Ontario, Dr. Marion has been an active academic member within NOSM University. The recipient of divisional and institutional teaching awards, he has been involved in curriculum design, served as postgraduate site director, residency program committee member and the Chair of Surgical Foundations.

Dr. Marion has international clinical experience and actively participates in various multinational studies. As the recipient of multiple grants, his research interests include adverse events, ERAS, and quality improvement as it pertains to delivery of orthopaedic and spine care within Northwestern and Indigenous populations. He has presented his work nationally and internationally, and his research has garnered multiple awards. All of which would not have been possible without the mentorship, guidance, and support from the many faculty members and residents during his time at the University of Ottawa.

## Dr. Christopher Carruthers (class of 1973), recipient of the 2023 Order of Ottawa and Brian Kilrea Award for Excellence in Coaching



**Dr. Carruthers** practiced orthopedic surgery for 35 years at The Ottawa Hospital, receiving numerous awards as an innovative Orthopedic Surgeon and medical professional. Early in his career, he took a strong interest in hospital administration and governance and previously held positions as Chief of Staff at The Ottawa Hospital (1998-2008) and The Ottawa Civic Hospital (1986-91).

Actively involved in his profession and in the community, Dr. Carruthers has been a director of twenty-seven boards, previously serving as Chair of seven, notably the Carleton University Board of

Directors, Ashbury College and Ashbury College Foundation, the Ottawa International Airport Authority, and as a director of the Canadian Blood Services, Accreditation Canada, The Ottawa Hospital, University of Ottawa Heart Institute and the Ontario Hospital Association boards.

Today, he chairs the Mach-Gaensslen Foundation and is a director of HOST, Help our Students Program, a local charity financially supporting high school students in need. Dr. Carruthers leaves a legacy of creating a better place for those serviced and those who follow in his place.

For more details on all 2023 recipients of this prestigious award, please see link below.

<https://ottawa.ca/en/city-hall/city-manager-administration-and-policies/office-protocol-and-intergovernmental-affairs/awards-and-recognition/order-ottawa-and-brian-kilrea-award-excellence-coaching-past-recipients>

## Ottawa Sports Hall of Fame Dinner was held on September 27, 2023

**Dr. Donald Johnson**, 2020 Hall of Fame inductee, attended the Ottawa Sports Hall of Fame dinner held in September where five new members were welcomed to its local sports shrine: Carol Anne Chenard, Murray Costello, Tim Higgins, Earle Morris and Jill Perry.



*Dr. Donald Johnson (fourth in the second row)*